

SACNAS presents



Learn mentoring through movement

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Monday, March 7th

5-6:30pm

BioCommons
Steenbock Library



Explore what it means to be an effective mentor and mentee as you learn to lead and follow salsa. While learning the foundations of **salsa**, participants will discuss topics such as staying grounded, active listening, effective communication, aligning expectations, and troubleshooting mentoring challenges. This will be a low stress environment where we'll start from the very basics. ***No previous dance experience is necessary.***

Stephanie House, co-author of two versions of the curricula in the evidence-based Entering Mentoring Series, has facilitated mentor training nationally. She has worked at the Institute for Clinical and Translational research at UW for 6 years and is currently the Director of the National

Research Mentoring Network (NRMN) Master Facilitators Initiative. She also loves to dance.

Cawi Buie, a native of Madison, WI has lived in Cuba, South America and parts of Africa studying dance. While living in the context of where these dances were created, he has learned and continues to learn that the most important part of the dance is not what people see on the outside, but what is happening on the inside. He has been teaching dance for 15 years. More info: house2@wisc.edu

RSVP for pizza:
arvillarreal@wisc.edu
OPEN TO ALL